

Example List of Challenges

Access needs, sensory issues or physical challenges

Adjustment to new course

Bereavement

Cancelling tutorials

Commuting long distances

Course not stimulating enough

Course too challenging

Covid-19 related challenges

Disorganisation/feeling overwhelmed

Dyslexia or Specific Learning Difficulty

Dyspraxia or hearing impairments (difficulties related to coordination and physical ability)

Easily Distractible / Lack of focus

Experiencing Symptoms of Anxiety

Extenuating Circumstances

Failing to network

Family pressures

Fear of failure, especially failure in front of peers and tutors

Finance issues

Homesickness

Housing problem Private Accommodation

Housing problems University Halls

Lack sense of belongingness in the educational setting

Mental health / Neurodiverse / Learning difficulties issues

Need additional time to complete assignments

Non-Attendance or very sporadic attendance

Non-British academic training

Other wellbeing issues

Poor grades/ not studying or reading enough
Poor sleep habits
Punctuality: Arrive late and/or Leave early
Relationship Issues
Repeating Year/ Unit
Sickness/ Health Conditions
Social and Communication issues
Social Culture and Intensive behaviour support needed
Socio-economic pressures impacting internet access and bandwidth
Suspension of Studies / Misconduct
Thinking of leaving
Time Diferences
Time Management
Time Out of Study or Partial Year Out
Transferred externally to another course
Transferred to another course (UAL)
Unreliable access to Internet/technology
Wasting time/procrastinating
Withdrawn
Working in spaces not designed or solely dedicated to learning

Example List of Actions
Academic 1:1 support
Accommodation- external services
Accommodation Services (for residential student support)
Advice and Guidance about UK visas and immigration
Application for ECs
APT team advice
Arts Temps information
Careers Advisors support
Chaplaincy, emotional and spiritual support advice
Confidential Counselling Service
Digital learning team
Digital Space referral
Disability Adviser
Dyslexia screening
Escalate to PAMs
External Support (outside the University)
Family bereavement services
General support for progress and attainment
Identified equipment, assistive software and support for student studies
Identifying funding such as Hardship Fund, Disable Student Allowances (DSAs)
Language Centre referral
Mental Health and Wellbeing Advice
Other useful facilities and general support
Peer Assisted Learning Scheme
Peer Mentoring Scheme
Student Advice Service
Student Experience Officer 1-1 chat

Students' Union
Support due to COVID-19
Support for Course Transition
Support for Course Transition

