



24 March - Timetable

# LCC Community Day

The LCC Community day is an opportunity to reconnect with colleagues from across LCC. It's also an opportunity for LCC to thank you for all your hard work throughout the pandemic.

To ensure everyone has an opportunity to participate in the activities we are asking that you register your interest in the workshops by Wednesday 22nd at 12:00. We will then allocate places, hopefully ensuring everyone has an opportunity to participate.

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## List of activities

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**Breakfast 9:00 - 10:30:** Served in the canteen

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**Zero Waste Sketchbook Making with Rahel Zoller 10:00 - 13:00:**

During this workshop you will learn how to fold and manipulate paper using specialist bookbinding tools and create sketchbooks made from workshop off-cuts.

(10 places)

To register your interest in this workshop please follow the Eventbrite link.

<https://www.eventbrite.co.uk/e/zero-waste-sketchbook-making-tickets-301546131597>

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**Walking Tour of Southwark 11:00 – 13:00:**

Southwark is popular with foodies and film-makers alike but it was once a mecca for miscreants who enjoyed its taverns and theatres, brothels and bear-baiting. Discover the history of this fascinating borough on a guided 2 hour walk.

Start: London Bridge Post Office

End: Globe Theatre.

To register your interest in this workshop please follow the Eventbrite link.

<https://www.eventbrite.co.uk/e/walking-tour-of-southwark-tickets-301912998907>

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**In Chair Massage 9.30 - 17:00:**

Enjoy an in chair massage from the team at Sense massage who will be providing 20 minute massages .

To register your interest in this workshop please follow the Eventbrite link.

Once places have been agreed you will be sent a booking sheet so you can select a time that suits you.

<https://www.eventbrite.co.uk/e/in-chair-massage-tickets-301918776187>

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**Clay Club – Slab Build a Pot with Jess Copsie and Isabel Smithson 10:00 - 13:00:**

In this workshop you will learn how to slab build a pot and decorate with slip glaze and scraffito techniques. Pots will be dried and fired and ready to collect a week later.

(15 places)

To register your interest in this workshop please follow the Eventbrite link.

<https://www.eventbrite.co.uk/e/clay-club-slab-building-pots-tickets-301921032937>

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### **Yoga class 11:00 – 12:00**

Join this yoga class ahead of the return of on-site yoga at LCC.

To register your interest in this workshop please follow the Eventbrite link.

<https://www.eventbrite.co.uk/e/yoga-class-tickets-301922748067>

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### **Lunch Vouchers for Mercato Metropolitan**

We are offering staff a £14 voucher to spend at MM.

Just register via Eventbrite and pick up your voucher on the day at the front desk, between 12:00 – 14:00.

<https://www.eventbrite.co.uk/e/lunch-voucher-for-mercato-metropolitano-tickets-301923731007>

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### **Artist in residence**

Natalie Eldred will be at LCC for the day capturing the activities; and teams can invite Natalie to draw them in their work spaces. So if you have some blank walls commission Natalie who will, on completion, provide digital prints.

Natalie graduated with 1st class honours in Fine Art from Exeter College of Art in the 1990's and went on to work as a model maker for Limbs and Things Ltd, and Aardman Animations in Bristol. She has taught life drawing for many years and worked as a lecturer in FE and in special needs education. Natalie recently undertook an MA in Children's Book Illustration at Anglia Ruskin, Cambridge, graduating with a distinction in 2016. She currently teaches printmaking and art, makes tiny model houses washed-up in strange apocalyptic trees, and lives in Wivenhoe in Essex with her two teenage sons.

To register your interest in having Natalie draw you and your team sign up to the Eventbrite link.

<https://www.eventbrite.co.uk/e/artist-in-residence-natalie-eldred-tickets-301926549437>

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### **Drawing Workshop with Natalie Eldred 13.30 – 15:30**

In this fun workshop you will explore line and tone in a number of short exercises designed to challenge and subvert your usual approach to drawing. If you don't usually draw - don't worry! We'll also tackle the 'fear of the blank page' that can occasionally plague us all. Whether you consider yourself an experienced artist, or beginner, there will be something here worth sharpening your pencil for.

(15 places)

To register your interest in this workshop please follow the Eventbrite link.

<https://www.eventbrite.co.uk/e/drawing-workshop-with-natalie-eldred-tickets-301928986727>

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### **Physical Computing 101 (Arduino, Circuit Diagrams and Example Code) with Elle Castle and Joanne Leung 13.30 – 15:30**

Understand the basics of working with Arduino and digital electronics like distance sensors and multicolour lighting strips AKA Neopixels through an interactive setup.

You will need a laptop for this workshop.

Participants will need to watch the video before the workshop.

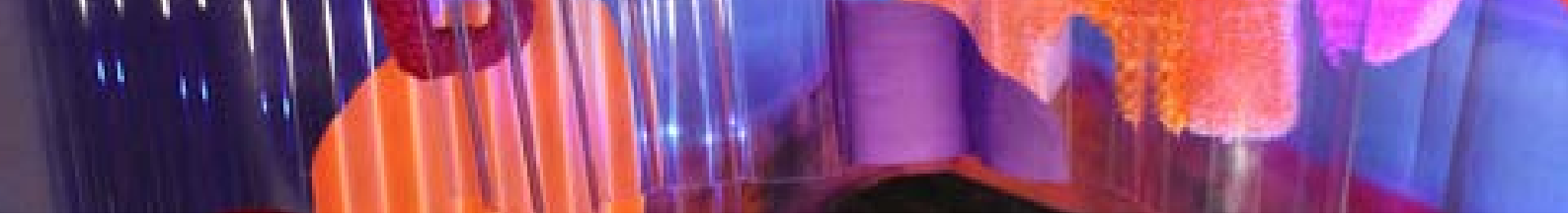
What Is Physical Computing (30mins) video

<https://ual.cloud.panopto.eu/Panopto/Pages/Viewer.aspx?id=b4760dbe-cb8f-48e1-ba6c-adb701284458>

To register your interest in this workshop please follow the Eventbrite link.

<https://www.eventbrite.co.uk/e/physical-computing-101-arduino-circuit-diagrams-and-example-code-tickets-301929889427>

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**Cocktail Making Workshop 15.30 – 17:00**

The team from Mixology will be teaching you how to create a series of cocktails. All ingredients are supplied you just need to bring your best stirring and shaking skills. Alcoholic or non-alcoholic versions are available.

(20 places)

To register your interest please select either the alcoholic or non-alcoholic sign up in Eventbrite.

<https://www.eventbrite.co.uk/e/cocktail-making-workshop-tickets-301931193327>

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**Pilates Class 16:00 – 17:00**

Join this Pilates class ahead of the return of on-site Pilates at LCC.

To register your interest in this workshop please follow the Eventbrite link.

<https://www.eventbrite.co.uk/e/pilates-tickets-301936479137>

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**If you have any questions or have any queries regarding activities or bookings please contact Adrienne Tulley or Gifty Tingle.**